



Collaborative conversation

– a way for parents who are not cohabiting to agree on the children.

When parents are not cohabiting it can complicate cooperation, especially in connection with separation. If you are unable to solve the problems on your own, there is help to have. One can then turn to the family law unit at Växjö municipality.

The family law unit offers collaborative conversations when you as parents get access to one or two conversation leaders for joint conversations. The goal is to help you both come to a common understanding on matters concerning the children and finding a good parental cooperation. As a rule, several conversations are needed before a solution can be reached. If there is an agreement on custody, accommodation or right of access, you can with help of the conversation leaders sign legally binding agreements or make various agreements.

The conversations are free of charge. They are not registered and kept confidential in accordance with the Social Services Act.

In the conversations, we have as basic values:

- The best interests of the child come first
- The child needs both parents
- Parents have a joint responsibility throughout the child's upbringing
- The decisions parents agree on are better than decisions made by others
- There are solutions that both parents can accept

Prior to the start of the joint conversations, you as parents are offered an individual conversation with the conversation leader(s). You can then tell your story how you see the child's situation and what opportunities there are to finding solutions in conversation together with the other parent. It is important that you tell us if there has been any form of violence in your relationship, as it may then be inappropriate to participate in joint conversations.



10 pieces of advice for you who find it difficult to cooperate with the other parent about your child.

- Arrive on time for pickups and drop-offs, let us know if you can't, as both your child and the other parent will avoid a lot of frustration.
- Do not bring up difficult discussions when the child is with you or when you are angry
- Be open and tell the other parent about your plans for the child
- Show each other respect, avoid questioning and interrupting
- Talk about what it is that is the problem, not about what you think of each other, for example, "I have a problem and I need your help".
- Do not book the other parent without permission
- Do not ask the child to act as intermediary to convey messages or information
- Do not ask the child about what is going on in the other parent's life
- Let each home have its own rules, but it is helpful, especially with young children, if you have similar routines and approaches to the child
- Don't ask the child to keep secrets from the other parent

If you want to get in touch with the Family Law Unit, call 0470-410 00
and let them know that you want them to call you.

We will then get in touch.

You apply for collaborative conversations through an e-service
available on Växjö municipality's website vaxjo.se

The Family Law Unit, Box 1222, 351 12 Växjö